



An accurate health history ensures that it is safe for you to receive a massage treatment and helps the therapist determine a proper treatment plan. When your health status changes in the future, please let us know. All information gathered on this form is confidential. Your written authorization is legally required before any of this information can be released.

*Thank you for choosing our team. How did you find out about us?* \_\_\_\_\_  
Were you referred by a patient who has seen us? Who? \_\_\_\_\_

PERSONAL INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ **M F**  
Phone: \_\_\_\_\_ (H) Address: \_\_\_\_\_  
\_\_\_\_\_ (W) \_\_\_\_\_ Postal Code: \_\_\_\_\_  
\_\_\_\_\_ (C) Cellular provider: \_\_\_\_\_ (for text reminders)  
E-mail: \_\_\_\_\_ Reminder Pref.: Phone Text E-mail None  
Would you like digital receipts? **Y N** Would you like to receive newsletter & updates via e-mail? **Y N**  
Birthday: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
(mm/dd/yyyy)  
Occupation: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_  
Phone #: \_\_\_\_\_

HEALTH CLAIM INFORMATION

Do you have extended health benefits? **Y N** We offer direct billing for select insurance companies.  
Would you like to use direct billing? **Y N**  
If 'Yes' please provide the following information: \_\_\_\_\_ Benefits Provider  
*You are encouraged to bring your insurance* \_\_\_\_\_ Plan Member Name  
*card with you to ensure we have the correct* \_\_\_\_\_ ID #  
*information.* \_\_\_\_\_ Group/Policy/Contract#

YOUR HEALTH HISTORY

Have you ever had a massage before? **Y N** If 'Yes', for relaxation or other? \_\_\_\_\_  
Please list all medications you are currently taking (prescription & non-prescription): \_\_\_\_\_  
Please list any surgeries, accidents and/or major illnesses and their dates: \_\_\_\_\_  
Please list any other medical conditions (ex. haemophilia, diabetes...): \_\_\_\_\_  
Have you had prior chiropractic care? **Y N** If 'Yes', Doctor's name: \_\_\_\_\_  
Regular eating habits? **Y N** Do you suffer from stress? **Y N** Type: \_\_\_\_\_  
Regular exercise? **Y N** Do you use a computer? **Y N** Hours a day: \_\_\_\_\_  
Type/Frequency of exercise: \_\_\_\_\_ Energy Level: High Average Low



Please mark whether you have experienced any of the symptoms in the past and/or are presently:

**GENERAL SYMPTOMS**

*Past Present*

Fainting  
Dizziness  
Loss of sleep  
Fatigue  
Nervousness  
Weight change  
Numbness  
Tingling  
Paralysis  
Headaches(tension)  
Migraines

**CARDIOVASCULAR**

*Past Present*

High/low blood pressure  
Coronary artery disease  
Heart attack  
Phlebitis  
Stroke/CVA  
Pacemaker  
Heart murmur  
Palpitations  
Varicose veins  
Ankle swelling  
Poor circulation

**INFECTIONS**

*Past Present*

Hepatitis  
Tuberculosis  
HIV  
Herpes  
Cold  
Flu  
Athlete's foot  
Warts  
Other:  
\_\_\_\_\_

**DIGESTIVE**

*Past Present*

Poor appetite  
Belching/gas  
Constipation  
Diarrhoea  
Nausea  
Ulcer  
Vomiting

**EYE, EAR, NOSE, THROAT**

*Past Present*

Allergies  
Frequent colds  
Glasses/contacts  
Hearing aid  
Hearing loss  
Sinus infection  
Swollen glands

**SKIN**

*Past Present*

Rashes  
Itching  
Bruise easily  
Dryness  
Boils  
Other:  
\_\_\_\_\_

**JOINT/SOFT TISSUE DISCOMFORT**

*Past Present*

Arms  
Upper back  
Mid back  
Lower back  
Degenerative discs  
Feet  
Hands  
Hips  
Jaw  
Shoulders  
Knees  
Legs  
Neck  
Sciatica  
Rheumatoid Arthritis  
Osteo Arthritis  
Which joints?  
\_\_\_\_\_

**RESPIRATORY**

*Past Present*

Chronic cough  
Bronchitis  
Asthma  
Hay fever  
Difficulty breathing  
Emphysema  
Smoker  
Pneumonia

**\*WOMEN ONLY\***

*Past Present*

Painful menstruation  
Heavy flow  
Irregular cycle  
Swollen breasts  
Menopausal  
Pre-menopausal  
Post-menopausal  
Pregnant  
Weeks?  
\_\_\_\_\_  
Birth control  
Type?  
\_\_\_\_\_

I attest that the information provided is true and complete to the best of my knowledge. I understand the information given is confidential and will not be released without my written consent. I consent to therapeutic massage therapy with Chiropractic Health Centre by a Registered Massage Therapist.

\_\_\_\_\_  
Patient/legal guardian signature

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date



All fees incurred for treatment are payable upon services rendered.  
Fee schedule is as follows:

<b>Chiropractic</b>	<b>Massage</b>	<b>Acupuncture</b>
<b>Initial Visit</b>		<b>Initial Visit</b>
Adult.....\$109	30 minute.....\$45	\$135
65+ & 12-18.....\$89	45 minute.....\$60	
12 & under.....\$74	60 minute.....\$80	<b>Subsequent Visits</b>
Shockwave.....\$175	90 minute.....\$115	\$90
<b>Subsequent Visits</b>	120 minute.....\$135	
Adult.....\$55	Active Isolated Stretch.....\$135	
65+ & 12-18.....\$44		
12 & under.....\$35		
Shockwave.....\$125		

**Cancellation Policies**

We appreciate your decision in making us your choice in health care, please respect the needs of our other patients and make any appointment cancellations in a timely manner. We require **at least 24 hours notice** for any appointment changes or cancellations. Any late cancellations or no shows will be billed for the full price of their office visit. This includes any patients that are unreasonably late for their appointment and need to be rescheduled. Please note that these fees will be your responsibility as they are not eligible for reimbursement through any health benefits provider. If care is suspended or terminated, any and all outstanding charges for professional services rendered to or for you will be immediately due and payable to the clinic.

**Privacy Policies**

We maintain a very high standard for the protection of the confidentiality and integrity of individual personal health information. If any identifying health information is to be released to us for the purposes of providing ongoing care; express written consent will be obtained. If it occurs that your health benefits service provider requires information regarding any of your appointments for any dates in the past, present or future Chiropractic Health Centre reserves the right to provide them with this information. If you have any questions regarding your privacy concerns, feel free to direct any inquiries to the front desk.

I have read and understand the above policies and procedures that are in place and agree to the terms that are defined.

I agree that a photocopy or electronic version of this authorization shall be as valid as the original.

\_\_\_\_\_  
Patient/(Legal guardian) signature:

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date



**Electronic Transmission Authorization and Consent**

**Service Provider:**

Chiropractic Health Centre

**Consent for Collection and Disclosure of Personal Information**

Personal information that we collect in regards to extended health care is disclosed solely for the purposes of determining eligibility and administering the benefits plan, this includes the investigation of fraud and/or plan abuse.

**Authorization for the Release of Information**

I confirm that I, if not the plan member, am authorized by the individual to release any information regarding them for the aforementioned purposes.

I permit Chiropractic Health Centre to collect, use, and disclose the necessary information needed in the processing of my extended health care claims.

In the event there is suspicion and/or evidence of fraud and/or plan abuse concerning any claims submitted I acknowledge and agree that my benefits provider and Chiropractic Health Centre may use and disclose any relevant personal information to each other for the purpose of investigation and prevention of fraud and/or plan abuse.

**Assignment of Benefits**

I agree to assign any benefits that are paid for my eligible claims to Chiropractic Health Centre and authorize my benefits provider to issue payment directly to them. In the event any submitted claim(s) are declined or only partially covered, I understand that I will remain responsible for the cost of the services rendered. If any outstanding balances occur from this and legal action becomes necessary to collect on this amount, I understand that I will be responsible for all attorney and legal fees incurred.

I understand the above terms and agree that this authorization is to apply to all eligible claim(s) submitted electronically by Chiropractic Health Centre, and that I may revoke authorization at any time by providing written notice.

I agree that a photocopy or electronic version of this authorization shall be as valid as the original, and may remain in effect for the continued administration of the group benefits plan.

\_\_\_\_\_  
Patient/legal guardian signature

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date