



Thank you for choosing our team. How did you find out about us? \_\_\_\_\_  
Were you referred by a patient who has seen us? Who? \_\_\_\_\_

PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M F  
Phone #: \_\_\_\_\_ (H) Address: \_\_\_\_\_  
\_\_\_\_\_ (W) Postal Code: \_\_\_\_\_  
\_\_\_\_\_ (C) Cellular provider: \_\_\_\_\_ (for text reminders)  
E-mail: \_\_\_\_\_ Reminder Pref.: Phone Text E-mail None  
Would you like digital receipts? Y N Would you like to receive news, promos & updates via e-mail? Y N  
Birthday: \_\_\_\_\_ Marital Status: S M D W CL # of children: \_\_\_\_\_  
(mm/dd/yyyy)  
Occupation: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_  
Phone #: \_\_\_\_\_

HEALTH CLAIM INFORMATION

Do you have extended health benefits? Y N We offer direct billing for the following insurance companies:

Would you like to use direct billing? Y N

If 'Yes' please provide the following information: \_\_\_\_\_ Benefits Provider  
*You are encouraged to bring your insurance card* \_\_\_\_\_ Plan Member Name  
*with you to ensure we have the correct information.* \_\_\_\_\_ ID#  
\_\_\_\_\_ Group/Policy/Contract #

\*Please note:

- a) **Desjardins** only allows for the plan member to receive reimbursement, therefore all fees incurred are still the patient's responsibility.
- b) **Manulife** members must first authorize electronic statements through the plan member site in order to be eligible for these services.

TODAY'S VISIT

Reason for appointment: \_\_\_\_\_  
How long have you had symptoms? \_\_\_\_\_  
How frequent are your symptoms? \_\_\_\_\_  
What are the precipitating factors? \_\_\_\_\_  
Have you been seeing any other healthcare professionals for this condition? Y N  
Who? \_\_\_\_\_  
What diagnosis were you given? \_\_\_\_\_  
How does this condition affect your daily life? \_\_\_\_\_  
What makes it worse? \_\_\_\_\_ or better? \_\_\_\_\_  
Does a relative have similar problems? Who? \_\_\_\_\_  
What is the major source of stress in your life? \_\_\_\_\_  
Please add any other information you think is relevant to your condition: \_\_\_\_\_



YOUR HEALTH HISTORY

Please list any medications you have taken within the last 2 months (Prescription & Non-prescription, including herbs): \_\_\_\_\_

Please list any surgeries, hospitalizations and/or significant traumas and their dates: \_\_\_\_\_

Please list any allergies: \_\_\_\_\_

Do you usually work:                    indoors                    outdoors

Occupational stressors (chemical, physical, psychological, etc): \_\_\_\_\_

Do you smoke?    **Y**    **N**    What? \_\_\_\_\_    How much? \_\_\_\_\_    Since? \_\_\_\_\_

Please list any use of drugs for non-medical purposes: \_\_\_\_\_

Do you exercise regularly?    **Y**    **N**    Type/Frequency: \_\_\_\_\_

How many hours do you sleep generally? \_\_\_\_\_    When do you usually go to bed? \_\_\_\_\_

Do you drink caffeinated beverages?    **Y**    **N**    If 'Yes', how many a day? \_\_\_\_\_

Do you drink alcoholic beverages?    **Y**    **N**    If 'Yes', how often? \_\_\_\_\_

How much water do you a drink a day? \_\_\_\_\_    Do you prefer:                    warm                    cold

Are you vegetarian?    **Y**    **N**    Yes, but not strict.

Do you eat a lot of spicy food?    **Y**    **N**    Prefer:    sweet    spicy    sour    salty

Please describe your average daily diet (be as specific as possible):

**Morning:** \_\_\_\_\_

**Afternoon:** \_\_\_\_\_

**Evening:** \_\_\_\_\_

**Snacks:** \_\_\_\_\_

Height: \_\_\_\_\_    Weight: \_\_\_\_\_    Weight last year: \_\_\_\_\_    Max weight/year: \_\_\_\_\_

Please mark whether you've experienced these conditions in the past and/or are presently, and also indicate whether you took medication for these conditions and list the month/year of the diagnosis:

<i>Past Present</i>	<i>Medication</i>	<i>Date</i>	<i>Past Present</i>	<i>Medication</i>	<i>Date</i>
Fibromyalgia	_____	_____	Hepatitis	_____	_____
Thyroid disease	_____	_____	Seizures	_____	_____
HIV/AIDS positive	_____	_____	Venereal disease	_____	_____
Digestive disorder	_____	_____	Tuberculosis	_____	_____
Breathing problem	_____	_____	Heart disease/stroke	_____	_____
High blood pressure	_____	_____	High triglycerides	_____	_____
Cancer	_____	_____	Lung/pulmonary disease	_____	_____
Kidney disease	_____	_____	Osteoporosis	_____	_____
Ulcer	_____	_____	Diabetes	_____	_____
Arthritis	_____	_____	Anemia	_____	_____
Neuromuscular disease	_____	_____	Gallbladder disease	_____	_____
Psychological challenges	_____	_____			



Please mark off any symptoms you have experienced recently:

<p><b>HEAD</b></p> <p>Headaches Migraines Memory loss Concussions Dizziness</p> <p>Other: _____</p>	<p><b>EARS</b></p> <p>Poor hearing Ringing Frequent ear infections Excess discharge</p> <p>Other: _____</p>	<p><b>THROAT</b></p> <p>Sore throat Difficulty swallowing Enlarged thyroid Dry throat</p>
<p><b>MOUTH</b></p> <p>Gum problems Teeth problems Tongue/lip sores Jaw clicking/pain Unusual taste</p>	<p><b>NOSE</b></p> <p>Frequent colds Sinus trouble Allergies Nosebleeds Drainage</p> <p>Other: _____</p>	<p><b>CIRCULATION</b></p> <p>Bruise easily Cold hands &amp; feet Fainting Pheblitis Varicose veins Anemia</p> <p>Other: _____</p>
<p><b>HEART &amp; THORAX</b></p> <p>Palpitations Rapid heart rate High blood pressure Low blood pressure Tightness in chest Arteriosclerosis Prior heart attack</p>	<p><b>SLEEP</b></p> <p>Insomnia Drowsiness Night sweats Sleepwalking Excessive dreaming Not enough sleep Easily awoken</p> <p>Other: _____</p>	<p><b>UROGENITAL</b></p> <p>Frequent urination Difficulty urinating Frequent UTIs Waking to urinate Urine retention/scanty Dribbling of urine Bed wetting Pause of flow Itching genitals Burning urination</p> <p>Other: _____</p>
<p><b>EYES</b></p> <p>Blurred vision Pain Dryness Redness Glasses/lenses Eyestrain Colour blindness Night blindness Cataracts Spots in vision Decreased vision</p> <p>Other: _____</p>	<p><b>RESPIRATION</b></p> <p>Asthma Bronchitis Chest pain Cough Coughing blood Difficulty breathing Phlegm Pneumonia Wheezing History of smoking</p> <p>Other: _____</p>	<p><b>SKIN</b></p> <p>Change in hair/skin texture Dryness Dandruff Eczema Hair loss Hives Itching Night sweats Pimples Excessive sweating Rashes Recent moles</p> <p>Other: _____</p>
<p><b>EMOTIONAL</b></p> <p>Depression Mania/bipolar Anxiety Mood swings/temper Stress Sadness/grief Guilt/shame Fear Relationship issues</p>	<p><b>*FOR MEN ONLY*</b></p> <p>Prostate problems Discharge Impotence Frq seminal emissions Fertility problem Ejaculatory problems Painful/swollen testes</p> <p>Other: _____</p>	



Please mark off any symptoms you have experienced recently:

**GASTROINTESTINAL**

- Colitis or IBS
- Stomach pain
- Poor appetite
- Bad breath
- Excessive hunger/thirst
- Belching/heartburn
- Gas
- Abdominal pain/cramps
- Parasites
- Nausea
- Constipation
- Chronic laxative use
- Diarrhea
- Blood in stool
- Black stool
- Hemorrhoids

**NEUROMUSCULAR/SKELETAL**

- Stiff neck
- Low back pain/weakne
- Shoulder trouble
- Spinal curvature
- Pain between shoulders
- Knee trouble
- Swollen joints
- Painful joints
- Hip pain
- Arthritis
- Hand/wrist pain
- Sprain
- Hernia
- Sciatica
- Numbness/tingling
- Paralysis

Other: \_\_\_\_\_

**\*FOR WOMEN ONLY\***

- Painful menstruation
- Cramps/backache
- Fertility problems
- Ovarian cysts
- Excessive flow
- Endometriosis
- Light flow
- Clotting
- Irregular cycle
- Hot flashes
- Vaginal discharge
- Fibrocystic breasts
- Breast tenderness
- PMS
- Abnormal bleeding
- Low sex drive

Other: \_\_\_\_\_

# of pregnancies \_\_\_\_\_

# of births \_\_\_\_\_

# of miscarriages \_\_\_\_\_

# of abortions \_\_\_\_\_

# of premies \_\_\_\_\_

# of c-sections \_\_\_\_\_

Age of 1st menses \_\_\_\_\_

Cycle length \_\_\_\_\_

Birth control? **Y** **N**

Type: \_\_\_\_\_

**ENERGY LEVEL**

- Low energy
- Excessive energy
- Hard to wake up
- Lethargy midday
- Sudden lethargy

**FAMILY HEALTH HISTORY**

Has any relative had any of the following? Who?

	<i>Relative</i>		<i>Relative</i>		<i>Relative</i>
Cancer	_____	Diabetes	_____	Hepatitis	_____
Hypertension	_____	Heart disease	_____	Stroke	_____
Alcoholism	_____	Miscarriage	_____	Autoimmune disease	_____
Asthma	_____	Other:	_____		_____



### Informed Consent for Acupuncture Treatment

I hereby agree and consent to the performance of acupuncture and other Oriental Medicine procedures. I understand that such procedures may include, but are not limited to, acupuncture, moxibustion, cupping & gua sha (dermal friction technique), infrared heat lamp, Chinese or Western herbal medicine, and nutritional counseling based on a traditional Chinese medical theory.

**Acupuncture** is a technique utilizing fine stainless steel needles inserted at specific points in the body to correct various ailments.

**Moxibustion** is the application of indirect heat by burning a stick of compressed *Folium Artemisiae Vulgaris*, commonly known as Mugwort, over acupuncture points.

**Cupping** utilizes round suction cups over a large muscular area (such as the back) to enhance blood circulation to the designated area. Bruising is a common side effect of cupping, and the bruising can last up to a week.

I have been informed that in all the acupuncture treatments only sterile, disposable needles are used according to the Clean Needle Technique protocol, to ensure the safest acupuncture treatment possible.

I have been informed that acupuncture is a safe method of treatment, but may have some side effects including bruising, numbness or tingling, dizziness or fainting, minor swelling, bleeding, hematoma may occur at the site of insertion and may last a few days. A sensation of lightheadedness may occur after treatment. I will immediately notify the acupuncturist if I experience any symptoms or problems. I understand that I should not make significant movements while the needles are being inserted, manipulated, retained or removed.

I am relying on the TCM practitioner to exercise judgment during the course of my treatment, trusting that, based upon facts then known, this treatment plan is appropriate and in my best interests. I understand that acupuncture and other Oriental Medicine procedures are not substitutes for treatment by my medical doctor. Also, at any given time throughout the treatment, I may request the practitioner stop, modify or change the treatment plan.

I acknowledge that I do not have the following conditions:

- Pregnancy
- Bleeding disorders
- Pacemaker
- Local infections
- Not currently taking anticoagulants

I hereby certify that I have read this entire form, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions and that I consent to treatment with the modalities described above. I intend this consent form to cover the entire course of treatment to be performed for my present condition and for any future condition(s) for which I seek treatment.

I agree that a photocopy or electronic version of this consent is as valid as the original.

\_\_\_\_\_  
Patient/legal guardian signature

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date



All fees incurred for treatment are payable upon services rendered.  
Fee schedule is as follows:

Chiropractic	Massage	Acupuncture
<b>Initial Visit</b>		<b>Initial Visit</b>
Adult.....\$109	30 minute.....\$45	\$135
65+ & 12-18.....\$89	45 minute.....\$60	<b>Subsequent Visits</b>
12 & under.....\$74	60 minute.....\$80	\$90
Shockwave.....\$175	90 minute.....\$115	
<b>Subsequent Visits</b>	120 minute.....\$135	
Adult.....\$55	Active Isolated Stretch.....\$135	
65+ & 12-18.....\$44		
12 & under.....\$35		
Shockwave.....\$125		

### Cancellation Policies

We appreciate your decision in making us your choice in health care, please respect the needs of our other patients and make any appointment cancellations in a timely manner. We require **at least 24 hours notice** for any appointment changes or cancellations. Any late cancellations or no shows will be billed for the full price of their office visit. This includes any patients that are unreasonably late for their appointment and need to be rescheduled. Please note that these fees will be your responsibility as they are not eligible for reimbursement through any health benefits provider. If care is suspended or terminated, any and all outstanding charges for professional services rendered to or for you will be immediately due and payable to the clinic.

### Privacy Policies

We maintain a very high standard for the protection of the confidentiality and integrity of individual personal health information. If any identifying health information is to be released to us for the purposes of providing ongoing care; express written consent will be obtained. If it occurs that your health benefits service provider requires information regarding any of your appointments for any dates in the past, present or future Chiropractic Health Centre reserves the right to provide them with this information. If you have any questions regarding your privacy concerns, feel free to direct any inquiries to the front desk.

I have read and understand the above policies and procedures that are in place and agree to the terms that are defined.

I agree that a photocopy or electronic version of this authorization shall be as valid as the original.

\_\_\_\_\_  
Patient/(Legal guardian) signature:

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date



**Electronic Transmission Authorization and Consent**

**Service Provider:**

Chiropractic Health Centre

**Consent for Collection and Disclosure of Personal Information**

Personal information that we collect in regards to extended health care is disclosed solely for the purposes of determining eligibility and administering the benefits plan, this includes the investigation of fraud and/or plan abuse.

**Authorization for the Release of Information**

I confirm that I, if not the plan member, am authorized by the individual to release any information regarding them for the aforementioned purposes.

I permit Chiropractic Health Centre to collect, use, and disclose the necessary information needed in the processing of my extended health care claims.

In the event there is suspicion and/or evidence of fraud and/or plan abuse concerning any claims submitted I acknowledge and agree that my benefits provider and Chiropractic Health Centre may use and disclose any relevant personal information to each other for the purpose of investigation and prevention of fraud and/or plan abuse.

**Assignment of Benefits**

I agree to assign any benefits that are paid for my eligible claims to Chiropractic Health Centre and authorize my benefits provider to issue payment directly to them. In the event any submitted claim(s) are declined or only partially covered, I understand that I will remain responsible for the cost of the services rendered. If any outstanding balances occur from this and legal action becomes necessary to collect on this amount, I understand that I will be responsible for all attorney and legal fees incurred.

I understand the above terms and agree that this authorization is to apply to all eligible claim(s) submitted electronically by Chiropractic Health Centre, and that I may revoke authorization at any time by providing written notice.

I agree that a photocopy or electronic version of this authorization shall be as valid as the original, and may remain in effect for the continued administration of the group benefits plan.

\_\_\_\_\_  
Patient/legal guardian signature

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date